

Charlton School Safeguarding Newsletter

Keeping our children safe across school, online and in our community.



Edition 7

Spring

Family Hubs Drop In

Telford & Wrekin Family Hubs offer local and non-judgemental *drop-in* support for parents, carers, children and young people. These universal services provide practical advice and early help with a wide range of issues, including behaviour, routines, emotional wellbeing relationships and online safety. Family Hub staff are available to listen and offer guidance, and can support families to access further help if concerns arise around issues such as online behaviour, misogyny, or difficulties with emotional regulation. The drop-ins are designed to be welcoming and supportive, ensuring families can seek help early without fear of judgement.



<https://www.telfordfamilyhubs.co.uk/whats-on/drop-ins/>

Welcome to the seventh edition of Charlton's Safeguarding newsletter.

The purpose of this newsletter is to share safeguarding information with our community.

Look out for a purple lanyard

THESE ARE CHARLTON'S MAIN DESIGNS:

If you see a member of staff wearing a purple lanyard, this means they are a designated safeguarding lead.

They have had specific training for dealing with any safeguarding matters that you may have.

If you have any worries or concerns do not hesitate to go to them to report any safeguarding concerns or for help and advice.



Mrs A Bithell
Safeguarding Lead



Mrs A Vickers
CSE Lead



Mr P Wakelin
Early Help Lead

Personal Development

There has been a lot of activity with PD this term, The Royal Engineers and the Music sector of the Army visited school to deliver a session to year 10. The sessions were informative and interactive as the students were able to participate in making music, and torququets.

Some Year 9 students visited Shrewsbury Town Football club as part of their PE course to participate in a training session on the pitch; talk to the trainers and participate in a lesson.

National Careers Week was busy for the students as they completed a range of activities throughout the week. There is a Job of the Week put on Satchel One every week for students too! See also our Charlton Careers Instagram page or our website for further help: <https://charlton.uk.com/parent-student-information/careers-and-enterprise>

All Year 11 students will be receiving Career Guidance to support them with the Post 16 decisions.

Bikeability

Year 7 students participated in Level 3 Bikeability. Telford and Wrekin council trainers took the students on a mini crash course before taking them out on the roads. The students enjoyed the experience, and we are confident that our students are safe out on the roads.

Curriculum Enhancement Day

Curriculum Enhancement Day was extremely busy for year 9 who were able to spend half a day with CGI, a STEM specialist which Miss Zych organised. The students designed and developed a project which was judged by our Students Leaders. They also participate in CPR and First Aid lessons. Year 11 met the A Level team from Telford College to give them a break from their interventions; Year 10 met Rease Heath College: this was the first time Charlton has had the pleasure of their assembly. Year 7 and Year 8 took part in the UK Parliament Vote which gives them a lived experience of the voting system. They also had an assembly from Everyone's Invited which promotes Respectful Relationships.

The Skills Show

Fifty year 9 and 10 students visited the International Centre for the annual Skills Show. There were a range of interactive activities for them to participate in. It was a great opportunity for them to explore their future options.



Mrs Bithell
Safeguarding Lead



Mrs A Vickers
CSE Lead



Mr P Wakelin



Mr C Redman



Mrs Kinsey
Early Help Lead



Miss K Littleford
Online Safety Lead



Mrs A Wills
EHWB



Understanding Misogyny & Toxic Masculinity Online

Misogyny and toxic masculinity are increasingly visible online through the 'manosphere'—a collection of communities promoting harmful beliefs about women and rigid expectations of male behavior, (you may have watched Manosphere by Louis Theroux on Netflix) These ideas often appear within gaming, fitness, lifestyle, or self-improvement content. They are presented through humour, memes, or motivational language, making them accessible and appealing to young people, particularly boys.



Key Risks:

- Reinforcement of sexist attitudes and gender stereotypes.
- Normalisation of disrespect, control, or violence towards girls/women.
- Emotional and psychological harm linked to unrealistic expectations of masculinity.
- Vulnerability to radicalisation or harmful influencers.

What Staff and Parents/Carers need to Look Out For:

- Pupils quoting influencers linked to misogynistic movements.
- Use of coded language such as 'red-pilled', 'Chad', 'Stacey', '80/20 rule', or 'incel'.
- Sudden withdrawal, anger, resentment towards girls, or fixation on gender hierarchy.
- Jokes or comments that demean girls or celebrate dominance/control.

How Staff and Parents and Carers can respond:

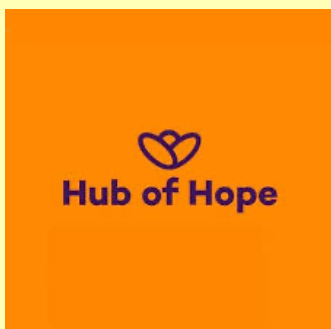
- Challenge harmful comments calmly but clearly, focusing on impact not blame.
- Use safeguarding principles—record, monitor patterns, and share concerns where relevant.
- Build curiosity through PSHE and tutor time discussions about online influence.
- Promote respectful relationships and model healthy interactions.
- Reinforce emotional literacy: help boys articulate insecurity, rejection, and fear without shame.

Nip in the Bud

Child Mental Health Resources for Parents and Teachers

Nip in the Bud is a highly recommended and trusted resource for parents and carers who want practical support in understanding children's emotional and behavioural needs. It offers short, accessible films and clear guidance created by mental health professionals, helping adults recognise early signs of distress, anxiety, low mood, or emotional dysregulation.

Many parents find the videos reassuring, easy to watch, and helpful in knowing when to support at home and when to seek further help. We strongly encourage families to explore this resource as a positive first step in supporting children's wellbeing and emotional development.



Hub of Hope

Mental Health Support Network provided by Chasing the Stigma

Hub of Hope is a valuable national mental health support directory that helps parents, carers, and young people find the right support at the right time. By simply entering a postcode, families can access information about local wellbeing services, community support, and crisis organisations available in their area.

The platform also includes clear, easy-to-watch videos and guidance for both students and adults, making mental health information more accessible and less overwhelming. We encourage families to explore Hub of Hope as a supportive tool when seeking additional help or understanding around mental health and emotional wellbeing.