

Charlton School Safeguarding Newsletter



Keeping our children safe across school, online and in our community.



Edition 3

Summer 2

E-Safety

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming; what they're posting; and what interactions they're having. On social media, it can be easy to go down a rabbit hole that isn't beneficial to our wellbeing. As platforms grapple with managing 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which enthralls young people, but we can still help children to be mindful of their mental wellness: recognising when something isn't OK ... and knowing what to do about content that upsets them.



Welcome to the third edition of Charlton's Safeguarding newsletter.

The purpose of this newsletter is to share safeguarding information with our community.

Look out for a purple lanyard

THESE ARE CHARLTON'S MAIN DSL'S:

If you see a member of staff wearing a purple lanyard, this means they are a designated safeguarding lead.

They have had specific training for dealing with any safeguarding matters that you may have.

If you have any worries or concerns do not hesitate to go to them to report any safeguarding concerns or for help and advice.



Sun safety:

Sunburn increases your risk of skin cancer. Sunburn does not just happen on holiday. You can burn in the UK, even when it's cloudy. There's no safe or healthy way to get a tan. A tan does not protect your skin from the sun's harmful effects.

Aim to strike a balance between protecting yourself from the sun and getting enough vitamin D from sunlight.

Sun safety tips

Spend time in the shade when the sun is strongest. In the UK, this is between 11am and 3pm from March to October.

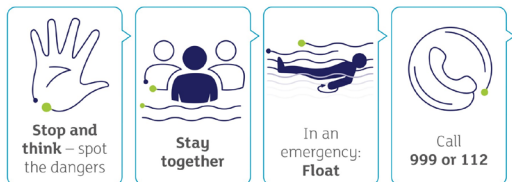
Make sure you:

- spend time in the shade between 11am and 3pm
- never burn
- cover up with suitable clothing and sunglasses
- take extra care with children
- use at least factor 30 sunscreen

Water Safety Code

Water may look safe, but it can be dangerous.

Learn to spot and keep away from dangers. You may swim well in a warm indoor pool, but that does not mean that you will be able to swim in cold water.



For more information, visit our safeguarding page on our website

[Safeguarding Information](#)



Mrs Bithell
SLT Safeguarding Lead



Mrs A Vickers
CSE Lead



Mr P Wakelin



Mrs Cunningham
Early Help Lead



Mrs Kinsey



Mr S Delves



Miss K Littleford
DSL and Online Safety Lead



Mrs A Wills



St Giles SOS:

This pilot project evaluates the impact and effectiveness of St Giles' SOS+ Embedded Mentoring Programme. SOS+ aims to support children and young people at risk of criminal offending via six months of one-to-one mentoring sessions. The programme is delivered in schools by mentors with lived experiences and knowledge of the criminal justice system.

